21 IDEAS BLUEPRINT

7 WAYS TO MANIFEST MORE MONEY

in Your Business



There are countless ways to manifest more money in your business. The trick is to find the methods that work best with your core belief system and values.

1. Give Up Control

While it is good to be specific, when setting up goals and planning how to attain them, be careful of thinking that is too rigid. Telling the Universe that you want to increase your income in a specific way with a specific outcome can blind one to unexpected opportunities and methods.

By all means, have a specific intent, but allow the Universe to deliver what you need in its own unique way. You'll find it is often much better and more generous than the rigid outcome you were expecting. I get this may sound a bit "woo – woo" for some of you but take the message that is with this intent.

2. Let Go of Everything that No Longer Serves its Purpose

If you want change to happen, make room for it. Get rid of old clothes, furniture, knick-knacks—even your old car.

What you are doing when you de-clutter is letting the Universe know you are ready for better things. Even better, you're literally making room for abundance.

3. De-clutter Your Emotions

It's all well and good de-cluttering your wardrobe or your office, but be sure to spring clean other areas of your life. What habits and thoughts have you been clinging on to that no longer serve you? Let them go. Fire them. Give them permission to leave.

4. Take Action

A journey begins with one step, but until you take that step, you are sitting still. Ridiculously obvious… but signaling your intent to the Universe by taking action can be the most powerful manifestation technique possible. Remember that feeling is not doing!

5. Be Grateful for the Smallest Sign

Remember that when it comes to manifesting, sometimes the smallest action can cause the biggest paradigm shift. For example, picking up a £1 and thanking the Universe for the beginning of money being attracted to you can be the start of more flowing in. But don't overlook that first pound!

6. Adopt a Success Mindset

Someone still clinging to old, negative self-messages and 'I'm doomed to be poor' thinking will end up blocking abundance at every turn. There's no magic to overcoming this: Simply make the resolution that from this moment forth you will focus on the successes in your life from this moment forth.

Seeing all the ways in which you do move towards a better life can be the most powerful manifestation technique of all.

7. Give When You're Lacking

When things are really tight, there's a natural tendency to go into fear and scarcity Mode, and focus on the big hole in the boat. This leads to lowered vibrations as we let fear paralyze us.

Next time you are facing tough financial times, look outward. Donate to a charity you care about. Giving when it hurts is a powerful way to raise your vibrancy and signal your trust to the Universe.

8. Watch Your Words

Words can be powerful. Words can create your reality, so eliminate words that dis-empower you, like 'someday', or 'one day' or 'in the future'.

Instead, substitute phrase like 'I am going to …' (as in "I am going to book a holiday on on July 15"). Once you make a clear plan and commitment, you will find all sorts of ways to move toward that goal, and it will become a reality.

9. Create a Success Playlist

It's a well-known fact scientifically that music can energize or depress. Create a playlist of music for yourself that fills you with beauty, hope and energy. Play it while you're working; playing while you're taking a break. Play it whenever you need a mental wellbeing boost.

10. Take Care of the Practical as Well as the Mystic

Remember to pay your bills and track your finances. Having a clear picture of where you are at can help focus your manifestation efforts; plus, paying even the smallest amount on bills is empowering, as well as smart.

11. Acknowledge Fear

Being positive is not about denial. It's not about yelling 'I open myself to the abundance around me' when you have just lost your biggest client, because your gut will tell you pretty thoroughly that you're delusional.

An ancient Oriental proverb goes, "my enemy is my teacher". Adopt that approach to fear. Use it as a learning tool and a motivator, and let it empower you.

Being positive is about facing your fear and acknowledging it, but not being derailed by it. Facing your fear can teach you that you have the power to deal with it, rise above and meet your goals.

12. Don't Wait for Permission

One of the negative mindset traps we can fall into is 'waiting for permission': From the Universe, from our market niche, from our spouse—or even from those long-lost voices in our heads.

Don't wait for signs that you 'deserve' to become wealthy. Write yourself a note. It should go something like this: "I grant permission for [Your Name] to start receiving abundance in all areas of life and I grant permission for her to become wealthy and financially free."

13. Have Fun Becoming Wealthy

Too often money and finances are sources of grim stress and despair. It doesn't matter how much you've got—or lack—right now. It doesn't matter how much you need to grow your net worth—fast. Taking a few moments to have fun with becoming wealthy takes away its power to paralyze (and helps keep you in touch with your creative, spiritual side—essential to prolific manifesting).

Pay for the next person's coffee. Get yourself the super-deluxe Frappacappamochaccino, once in a while. Buy yourself a bunch of flowers, instead of just looking at them. Better yet, buy a bunch of flowers for someone else and surprise them. Buy those ridiculous sunglasses with dragonflies on each wing. Spend a couple of hours making a folk-art decorated Money Box to keep small change in – just because you can!

It doesn't matter if the treat is big or small; for you or for someone else. Take the time to have fun with your money: That's the way to help money become your New Best Friend.

14. Meditate and Exercise Daily

Give yourself the time and space to meditate and/or exercise daily. Don't neglect either: Two powerful ways for clearing blockages from your body and mind.

It doesn't matter if you devote only five minutes per day to these two powerful battery rechargers: It will make a difference to your physical well-being, emotional clarity and energy vibrations. It also doesn't matter if you don't meditate fully – its about giving yourself the space to think.

15. Take the 'Odd Giant Step'

Small actions that move us towards our goals are important—but if you really want to rocket boost your manifesting, get out of your comfort zone and give yourself permission to do things you wouldn't normally do.

Sign up to work with a Coach one to one – invest in your future.

16.Acknowledge Your Power

You have the power to manifest anything you want. It's called 'choice'.

Choice is your biggest gift. You can choose to focus on doubling your income. You can choose to wallow in misery. You can choose to add passive income to your business. . You can choose to put up with a miserable, soul-sucking client… or 'fire' them and free yourself up for a new client who is delightful to work with.

Choice is neither good nor bad, but it's up to us whether or not we decide to make good choices (choices that empower us and move us forward) or bad choices (based on inertia and fear).Remember you are the CEO of your business.

Acknowledge that only you have the power to choose the life you've always wanted.

17. Use Tools that Rule

Don't keep buying cheapie courses or the economy version of a piece of technology. Invest in the best: The best and fastest computer, the VIP Mastermind weekend instead of the £10-a-month Basic Membership, the course that will help you fly your business.

18. Share Your Dreams and Goal

A dream or a goal that is kept secret is one you're not really sure about. You're not sure if you deserve it. You're not sure you can do it. You're not sure if it is for you.

Start talking about your dreams and goals with people you trust. Sometimes, that person can provide an unexpected key piece of your puzzle, or even just encourage you and cheer you on.

And sometimes, when you actually put something into words, you will give yourself big clues and trigger cool insights that move you forward.

19. Use Tangible Tokens

Objects are not always just clutter. They're not always 'pretty but useless'. (Whose voice do you hear, when you read that phrase?)

Sometimes objects can be become powerful tokens or symbols of success. That's when they transform into inspirational tools.

Anything that triggers feelings of hope and happy memories can remind you that you can do anything you want: Because you already did it, at least once in your life.

20. Be Specific

This is such a basic tenet that Ihesitated to include it, but it's also one of the most important things to remember when getting ready to manifest, so here it is.

Setting a specific deadline for a step to be completed by (or a goal to be reached); specifying to the Universe that you want a brand-new car this time; looking for a specific type of service, to take care of specific needs. This sort of thinking and planning will move you toward your goal without back-tracking, stalls or hitches.

21. Use Physical and Energy Healing to Boost Manifestation Power

Not just exercising or having a morning smoothie: Incorporate some form of hands-on healing that releases those stubborn hidden blocks that nestle deep within our bodies into your manifestation strategy.

Reiki, Yoga, EFT, massage, interpretive dance classes—all of these modalities help to release physical and energy blockages, some as deep-seated as childhood; many of which we're not even aware.

Be kind to your wounded inner child and take her out for a play date by booking a physical or energy healing session. Or if this is seen as a bit woo woo for you – its about giving yourself the space to work on you and your business.

Finally, remember that merely wishing you had more money is called 'day-dreaming'. Desire, naming your goal and **taking action** is what starts the journey towards the finish line.

What action will you take today toward manifesting more money in your business (and more joy) in your life?